

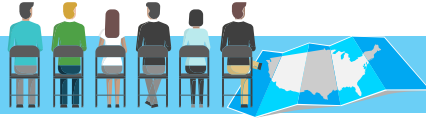
TREES & UTILITIES

A partnership of the Utility Arborist Association and the Arbor Day Foundation

DAILY NEWS

#TREESANDUTILITIES

883 ATTENDEES



45 STATES, 8 COUNTRIES REPRESENTED

TODAY'S SAFETY MESSAGE

S-T-R-E-T-C-H

Conferences can get long so even in a session it is ok to stand up and **STRETCH!**



SHOULDER SHRUG Relieves early symptoms of tension in shoulders and neck. Raise shoulders toward ears until there is slight tension then relax. Repeat two or three times.

HEAD GLIDE Stretches chest, neck and shoulder muscles. Sit upright and glide head straight back. This stretch will give the feel of a double chin. Repeat five times, 20 seconds each.

SHOULDER ROLL Relaxes shoulder muscles. While inhaling, slowly raise shoulders toward ears and roll backward in a circular motion five times. Repeat in different direction.

SIDE STRETCH Interlace fingers and lift arms over head, keeping elbows straight. Lean to left and right to stretch out sides.

STANDING BACK bends Stretches hips and joins in lower back. Place hands on small of back and slowly bend backward. Hold for three seconds and repeat five times.



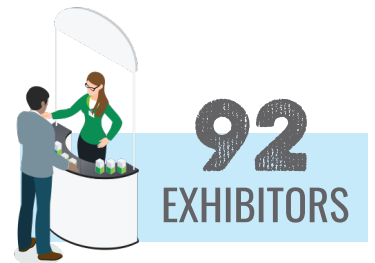
TREE LINE USA® RECOGNITION

We Energies received recognition for 24 years as a Tree Line USA utility, dedicated to best practices in utility arboriculture.

Learn more at arborday.org/treeline or by emailing treelineusa@arborday.org.

PROGRAM HIGHLIGHT

Shane Bush engaged attendees with an inspiring keynote presentation focused on human safety. Throughout the presentation, attendees learned about the latest tools related to the successes that High Reliability Organizations are having.



NETWORKING RECEPTION

New connections were made, and old friends caught up during last night's networking reception. Attendees appreciated savory flavors of Minnesota that were specifically and specially crafted by the chef.



EXHIBIT HALL

Attendees enjoyed visiting exhibit booths and learning more about exhibitors' offerings.

UAA Business Luncheon

Celebrate the accomplishments of this year's UAA Award winners over a plated lunch during the Utility Arborist Association Business Luncheon today from 12:00–1:30 p.m. in the General Session Room (Ballroom ABC). *Lunch included in registration fee.*

QUOTE OF THE DAY

"The Trees & Utilities Conference has a unique way of bringing industry personnel together for a common cause. The event provides education for industry best practices and harnesses the talent of industry leaders to further this cause. It is inclusive and participatory by design and provides a framework for personnel to increase their knowledge and to participate in an industry leading organization."

—MARK KIMBROUGH, VICE PRESIDENT- SAFETY & TRAINING, THE TOWNSEND CORPORATION



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